

Beginner Sock Event Pattern I

At the Catch Socks

The pattern reminds me of how rowing shells look from above as the oars are set in the water for the first stroke.

Size: Women's medium

Yarn: 100g sock/fingering weight.

Needles: set of 5 US #2 / 2.5 mm double-point needles

Note: You can easily switch to double points or Magic Loop if desired. This pattern is written with the instep stitches on one needle and the heel side stitches on the second needle. To knit on double points, simply substitute two double points for the instep and/or two double points for the heel.

Gauge: 8 stitches/inch, 10 rows/inch in stockinette stitch

Notes:

This stitch pattern shows best with a solid or almost solid yarn.

The lace pattern is adapted from the pattern known as "Gull Wings" from a Treasury of Knitting Patterns by Barbara Walker, page 201.

Abbreviations:

k = knit

p = purl

m1 = make a new stitch by lifting loop between stitches with left needle and knitting into back of loop

slip = slip purlwise unless pattern specifies knitwise

ssk = slip 2 stitches as if to knit, then knit those 2 stitches together

k2tog = knit two stitches together

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Lace Pattern:

(multiple of 8 stitches)

Round 1: k7, p1

Round 2: k1, k2tog, yo, k1, yo, ssk, k1, p1

Round 3: k7, p1

Round 4: k2tog, yo, k3, yo, ssk, p1

Cuff:

Cast on 64 stitches.

Divide evenly between needles (16 sts on each needle) and join to begin working in the round, being careful not to twist. After a few rounds, you may want to place a stitch marker at the beginning of the round to make the beginning easy to identify.

Ribbing:

k1, p1 ribbing for 1.5 inches.

Knit Rounds 1-4 of the Lace Pattern until sock measures 7 inches including the cuff, ending after Round 1.

With the heel side facing you, move the left purl stitch onto the instep needle. You now have 33 stitches on the instep needle and 31 stitches on the heel needle.

Heel:

First Set-up Row: k16, turn work so that WS is facing.

Second Set-up Row: (slip 1, p28) onto 1 needle, m1, p2, onto 1 needle. There are now 32 stitches on that 1 needle. Heel flap will be worked back and forth on these 32 stitches; keep remaining 33 stitches on hold for instep.

Row 1: (slip 1, knit 1) to end of row. Turn.

Row 2: Slip 1, p31. Turn.

Repeat these 2 rows 17 times more. There will be 18 slipped sts along each side edge of the heel flap.

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Turn Heel:

Row 1 (RS): K17, ssk, k1, turn work.
Row 2 (WS): Sl1, p3, p2tog, p1, turn work.
Row 3 (RS): Sl1, k4, ssk, k1, turn work.
Row 4 (WS): Sl1, p5, p2tog, p1, turn work.
Row 5 (RS): Sl1, k6, ssk, k1, turn work.
Row 6 (WS): Sl1, p7, p2tog, p1, turn work.
Row 7 (RS): Sl1, k8, ssk, k1, turn work.
Row 8 (WS): Sl1, p9, p2tog, p1, turn work.
Row 9 (RS): Sl1, k10, ssk, k1, turn work.
Row 10 (WS): Sl1, p11, p2tog, p1, turn work.
Row 11 (RS): Sl1, k12, ssk, k1, turn work.
Row 12 (WS): Sl1, p13, p2tog, p1, turn work.
Row 13 (RS): Sl1, k14, ssk, k1, turn work.
Row 14 (WS): Sl1, p15, p2tog, p1, turn work.

18 stitches left on needle.

Pick up Gusset Stitches:

Yarn is now at the center of the heel. This point will be the beginning of round for gusset, foot and toe. When working round 1 of gusset, needles will be designated Needle 1, Needle 2, and Needle 3, and they will retain those designations throughout the rest of the sock.

Using Needle 1, knit remaining 9 stitches of heel flap, pick up 18 stitches along side edge of heel flap, working 1 stitch in each slipped stitch.

Using Needles 2 and 3, knit 32 instep stitches using Row 2 of Lace Pattern after reading Note below. These stitches are now referred to as the stitches on Needle 2.

Note: Note: There is now an extra purl stitch at the beginning of the instep stitches. Purl it on each round before knitting the Lace pattern, so that the instep stitches start with a purl stitch and end with a purl stitch.

Using Needles 3 and 4, pick up and knit 1 stitch between instep stitches and top of heel flap, and then pick up and knit 18 stitches along side edge of heel flap, then knit remaining 9 stitches of heel flap. These stitches are now referred to as the stitches on Needle 3.

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Gusset Decreases:

For gusset decreases, round starts at center of heel needle.

Round 1:

On Needle 1: knit to last 3 stitches before instep, k2tog, k1.

On Needle 2: knit Lace Pattern across instep

On Needle 3: k, ssk, knit to center of heel needle.

Round 2:

On Needle 1: Knit all stitches

On Needle 2: p1, knit Lace Pattern across instep

On Needle 3: Knit all stitches

Repeat rounds 1 and 2 until 15 stitches remain on Needle 1 and Needle 3 for a total of 30 stitches remaining in the heel.

Toe Decreases:

Start Toe Decreases 2 inches before desired length of sock. The Lace Pattern is not used during the toe decreases.

Set-up Row: Knit 1 round.

Round 1:

Knit all stitches

Round 2:

On Needle 1: Knit to last 3 stitches, k2tog, k1;

On Needle 2: k1, ssk, knit to last 3 stitches, k2tog, k1;

On Needle 3: k1, ssk, knit to end of Needle 3.

Repeat these 2 rounds until 15 stitches remain on instep needle and 15 stitches remain on sole needle.

Then repeat round 1 until 7 stitches remain on each needle.
Kitchener toe and weave in ends.